



## **RA Models of Care Toolkit**

Patient recognizes symptoms and seeks care

### **Patient seeks additional information (Box 3)**

#### **1) Arthritis Consumer Experts: “About Arthritis”**

<https://jointhehealth.org/aboutarthritis.cfm?locale=en-CA>

#### **2) Arthritis Consumer Experts: “Arthritis ID app for iPhone and iPad: Arthritis Types”**

<https://itunes.apple.com/us/app/arthritisid/id457961189?ls=1&mt=8>

#### **3) 2016 Update of the EULAR Recommendations for the management of early arthritis**

<https://ard.bmj.com/content/76/6/948>

#### **4) ACR : Referral Guidelines**

<https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf>

#### **5) American College of Rheumatology - Choosing Wisely: ACR’s Top 5 List of Things Physicians and Patients Should Question**

[https://www.rheumatology.org/Portals/0/Files/The%20List\\_Adult%20Rheumatology.pdf](https://www.rheumatology.org/Portals/0/Files/The%20List_Adult%20Rheumatology.pdf)

[https://www.rheumatology.org/Portals/0/Files/2010\\_revised\\_criteria\\_classification\\_ra.pdf](https://www.rheumatology.org/Portals/0/Files/2010_revised_criteria_classification_ra.pdf)

[https://www.rheumatology.org/Portals/0/Files/ACR%20Article\\_Choosing%20Wisely%20The%20ACR's%20Top%205%20List%20of%20Things%20Physicians%20and%20Patients%20Should%20Question.pdf](https://www.rheumatology.org/Portals/0/Files/ACR%20Article_Choosing%20Wisely%20The%20ACR's%20Top%205%20List%20of%20Things%20Physicians%20and%20Patients%20Should%20Question.pdf)



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### **6) American College of Rheumatology - Patient Education Videos: What You Should Know about Rheumatic Disease**

<https://www.rheumatology.org/I-Am-A/Patient-Caregiver/Patient-Education-Videos>

### **7) EULAR: “Painful joints may predict the development of rheumatoid arthritis”**

<https://promotions.bmj.com/ardsummaries/2016/10/31/painful-joints-may-predict-the-development-of-rheumatoid-arthritis/#more-639>